FNP Facts at a Glance

Our Goal
Assist food stamp recipients in achieving lifelong health and fitness

Highlights FY '00
- Active in 96 of Missouri’s 114 counties
- Active in over 55% of Missouri's school districts
- 123,462 educational contacts
- 22,842 (18.5%) minority educational contacts; MO's population is 12.3% minorities

Program Impact
A Taste of Good Health
- Over 4,000 healthy foods offered to participants
- 97% of participants present tried the foods
- An average of 88% who tried a food liked it

Teachers Respond
- Teachers are making healthier food and beverage choices and modeling or talking about them in front of students
- 97% of classroom teachers want us back again
- 63% of teachers will spend more time on nutrition education after our program

Through the Teachers' Eyes
Here is what teachers see:
- Students are more aware of nutrition
- Students are making healthier food and beverage choices
- Students have improved food safety
- Students are more willing to try new foods

Family Nutrition Education Programs
Nutrition and Lifeskills for Missouri Families